



MAA18 AusChem Accreditation Skill Set 19th & 20th June

Learn the knowledge and skills required to manage risks associated with chemical use, and to understand your obligations in the areas of duty of care, quality assurance and environmental management.

Cost \$35.00 (resource fees) + \$75.00 (registration fee) = \$110.00 per student

IMPORTANT NOTES TO STUDENTS:

All participants are now required to:

- Complete the pre-enrolment form
- Wear clean and functional gloves / mask
- Wear long sleeved shirt and long trousers
- Wear enclosed boots
- Bring safety glasses
- Bring reading glasses if needed

Re-Accreditation Students are required to bring to class a photo copy from their Spray Diary /Application Records and a copy of their chemical storage register

For further information please call 9855 2310

LET'S PAINT A RAINY DAY



Come join us for Paint Club!
We will be painting a rainy day.

No experience? No problem!
Be guided through the painting by our artist Alyssa (aka Tex) and learn some new skills while having fun!

BYO DRINKS
LIGHT SUPPER PROVIDED

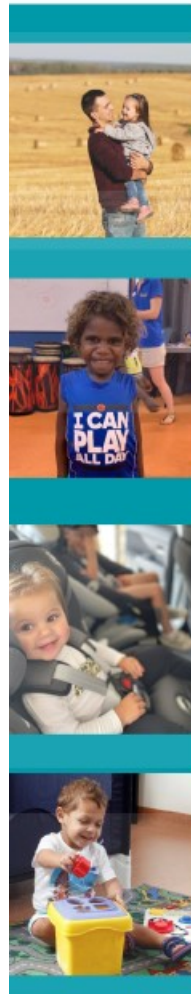
Wednesday April 26th
6.30 pm

Frankland River CRC

\$65 per person
\$50 for CRC Members

Phone : (08) 98 552310
Email : manager@franklandrivercrc.org.au to register.

• Bookings essential as subject to cancellation if there are not enough numbers.



Child Safety Workshop
 Presented by Kidsafe WA

Kidsafe WA will be visiting the Frankland River Playgroup in April to chat about all things child safety and keeping kids free from injuries and accidents.

What is this workshop about?

Attend the Keeping Kids Safe Workshop for tips on how to keep your children injury free at home, during play and on the road. This session provides practical steps on how to reduce the risk of injuries covering topics such as poisoning, falls, burns, child car restraints and driveways.

Who is this session for?

Professionals, parents, carers, grandparents or anyone interested in child safety!

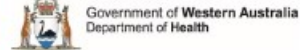
Where?

Frankland River Playgroup
 Frankland River Community Resource Centre
 55 Wingebellup Road

When?

Wednesday 19th April 2023, 9:30 am – 10:30 am

Partner:



Frankland River CRC

Naturopathy

Janine Bush
 NATUROPATH
 BHSc (Nat)
<https://janinebushnaturopath.com>

Naturopathy Visits to Frankland River

A holistic approach to wellness Naturopathy's therapeutic techniques nurtures the 'whole self' - mental, emotional, social, physical, spiritual and environmental

Improve your health & wellbeing naturally & assist your body's natural ability to heal itself

Explore how diet & lifestyle factors maybe blocking your path to optimal health

Confidential Personalised Consultations

Individual Health Plan

To book your consultation in Frankland River for Janine's next visit call
 9844 3623 or M: 0410 054 780

COMMUNITY CRAFT GROUP

• Crochet • Knitting • Patchwork • Painting

Starting April 12th 2023
 1:30pm-3pm
 at the CRC
 Light afternoon tea provided.

We currently have a focus on purple flowers in preparation for 'World Elder Abuse Awareness Week'

Any donations of anything purple.... wool, fabric, buttons, ribbon, or paint would be appreciatively accepted

Please register your interest with the girls at the CRC for catering purposes
 (08) 9855 2310



From the Principals Desk

Congratulations to our Year 3/4/5/6 Interschool swimming team for their fabulous efforts at our carnival last week. I was

pleased to see not only some outstanding individual results, but as I said to our students during our Monday morning meeting, the swimming carnival was testament to the students' ability to work together as a team. It was the team novelty events which enabled us to place first and win the overall shield. Our motto of the day was maximum participation, maximum fun and it was great to see all the students having a fun day.

Special thanks to our P&C for catering for the day and to our parent and staff volunteers. Your assistance enables us to run a successful carnival. Huge thanks to our lifeguard volunteers – Lee Anne Dove, Narelle Riggall and our qualified lifeguard, Mr Gilbert. If we can't fill these roles, we can't hold a carnival due to the swimming and water safety requirements.

Congratulations to the student who won medallions: Jack Corry, Layla Corry and Reuben Kent.

School	Overall Score	Place
Frankland River	152	1st
Kendenup	136	2nd
Cranbrook	111	3rd

Senior R/Up Champion Girl	Mia Hall	9	KPS
Senior Champion Girl	Dayna Orgovan	13	KPS
Senior R/Up Champion Boy	William Henderson	11	KPS
Senior Champion Boy	Reuben Kent	13	FRPS
Inter R/Up Champion Girl	Taleisha Gregory	5	KPS
Inter Champion Girl	Layla Corry	15	FRPS
Inter R/Up Champion Boy	Ned Williams	9	KPS
Inter Champion Boy	Jack Corry	15	FRPS

Student Council Camp Fundraisers

The Year 4/5/6 students held a car wash last Friday which raised approximately \$400 which will go towards camp. Thank you to everyone who brought their car in for a wash. Well done to our students, Miss Beal and Mrs Hooper who cleaned cars for the day.



Frankland River
Community
Resource
Centre



Frankland River CRC,
Public Library &
Centrelink Access
Point
will be closed for the
Easter Public
Holidays.

**Good Friday
7th April
&
Easter Monday
10th April**



Frankland River
Community Resource Centre
Your local connection



TAFE
South
Regional



Intermediate Excel Course

Due to the overwhelming response our first course is fully booked. We are currently taking Expressions of Interest for a second course.

IMPORTANT NOTES TO STUDENTS:

- You will be required to bring your own device
- Have a fairly up-to-date version of Excel installed
- Enrol at least 7 days before the course

Access to Office 365 and Excel will be given for the course content once paperwork and enrolment has been completed.

For further information please call 9855 2310



reach

FAMILY CHIROPRACTIC

Delivering quality Chiropractic care to the rural families of the Great Southern

**INJURY
PREVENTION &
REHABILITATION**

**DRY
NEEDLING**

**FRANKLAND
RIVER CRC**

**FORTNIGHTLY FRIDAYS
10:30AM - 4:30PM**

**PAEDIATRIC
CARE**

**PREGNANCY
SUPPORT**

 www.reachfamilychiro.com.au  **0413 478 975**

 hello@reachfamilychiro.com.au  **Reach Family Chiropractic**

**FRANKLAND RIVER
BORDEN
BREMER BAY**



Phone (08) 9855 2310

Email: manager@franklandrivercrc.org.au<https://franklandrivercrc.org.au>

Our Services

Government Information

Public Library

Computer Hire

Wi-Fi Internet Hotspot

Centrelink Access Point

Desktop Publishing

Printing

Laminating

Binding

Business Courses

Room Hire

Photocopying

Videoconferencing

Containers for Change

Tourist Information

Kid's Club

Lifestyle Courses

Job Board

Souvenirs

Craft

**The Franklander
Newspaper**

Managers Report

Wow I can't believe it is April already and that Easter is only days away, this year is certainly flying by! It has been a busy month in the CRC with even busier months ahead.

We have both Auschem and an Excel course booked in and a waitlist forming for a Forklift course which we are waiting to get dates on once a lecturer is available, please let us know if you would like to be added to the list.

A huge thank you to Dr Cockerill for coming down to Frankland River and running the Skin Clinic, the clinic was well attended with 97 appointments. I know that everyone in the community appreciates the effort and time from Dr Cockerill.

I am thrilled to say we have a Chiropractor starting to attend the Clinic on a fortnightly basis, appointments are already starting to fill up for her visit so don't forget to call and make your appointment, her advert can be seen in this edition of the paper.

On Wednesday the 19th we have a Keeping Kids Safe workshop running at the CRC, register your attendance now so we can ensure we have the numbers to run and to allow us to cater for morning tea.

We are looking for volunteers to come and participate in the Dawn Anzac Day service on Tuesday the 25th of April. Please let me know if you would like to be involved, perhaps reading a poem, or laying a wreath, raising the flag etc.. We would love more community involvement in this important event.

Paint Club returns on the 26th of April with a Rainy Day scene our inspiration, call the CRC to book your spot.

Happy Easter to you all.

Teresa



Community Garden

Updates & Announcements



To grow social connections through education & sustainable living.

Recipe's

Gordon Ramsay's Beef Wellington

- INGREDIENTS**
- 400g Flat cap mushrooms (roughly chopped)
 - Salt and black pepper
 - Olive oil
 - 750g Prime beef fillet
 - 2 tbs English Mustard
 - 8 Slices Parma ham
 - 500g Readymade puff pastry
 - Flour to dust
 - 2 Egg yolks (beaten)

METHOD

Put the mushrooms into a food processor with some seasoning and pulse to a rough paste. Scrape the paste into a pan and cook over high heat for about 10 minutes, tossing frequently, to cook out the moisture from the mushrooms. Spread out on a plate to cool.

Heat in a frying pan and add a little olive oil. Season the beef and sear in the hot pan for 30 seconds only on each side. (You don't want to cook it at this stage, just colour it). Remove the beef from the pan and leave to cool, then brush all over with the mustard.

Lay a sheet of cling film on a work surface and arrange the Parma ham slices on it, in slightly overlapping rows. With a palette knife, spread the mushroom paste over the ham, then place the seared beef fillet in the middle.

Keeping a tight hold of the cling film from the edge, neatly roll the Parma ham and mushrooms around the beef to form a tight barrel shape. Twist the ends of the cling film to secure. Chill for 15 to 20 minutes to allow the beef to set and keep its shape.

Roll out the puff pastry on a floured surface to a large rectangle, the thickness of a \$1 coin. Remove the cling film from the beef, then lay it in the centre. Brush the surrounding pastry with egg yolk.

Fold the ends over, then wrap the pastry around the beef, cutting off any excess. Turn over, so the seam is underneath, and place on a baking sheet. Brush over all the pastry with egg and chill for about 15 minutes to let the pastry rest.

Heat the oven to 200C.

Lightly score the pastry at 1cm intervals and glaze again with beaten egg yolk. Bake for 20 minutes, then lower the oven setting to 180C and cook for another 15 minutes. Allow resting for 10-15 minutes before slicing and serving with side dishes of your choice. The beef should be still pink in the centre when you serve it.

Recipe courtesy of: Goodtoknow.com

Weather

Tuesday:
Partly cloudy with a top of 20C

Wednesday:
Partly cloudy with a top of 19C

Thursday:
Cloudy with a top of 18C

Friday:
Partly cloudy with a top of 18C

Garden tips

What to Plant Now

We plant now, the end of March/ beginning of April while the soil is still warm enough to stimulate the plants' roots, but not warm enough to make them bolt to seed. So, it is time to put in those vegies that grow better in cooler weather, like snow peas, lettuces, broadbeans, broccoli, cabbages, garlic, leeks and different onions. Then there's the luscious coriander and peppery rocket. Happy planting!





Traineeship Opportunity

As part of the Centre's Traineeship program, we are looking for applications for our next intake. The Frankland River CRC is a dynamic and forward focused organisation who exists to provide varied government services, community support, service referral, activities and events for our community.

The centre is seeking those interested in studying for a Certificate II in either

- ❖ Tourism
- ❖ Information, Digital Media and Technology
- ❖ Community Services
- ❖ Business

We therefore invite written applications for traineeships as described above.

Essential Criteria

Administration skills or interested in learning;
Demonstrated effective verbal, written and interpersonal communication skills;
Meticulous attention to details
Bright, friendly, enthusiastic, with a "Can Do attitude";
Focus on customer service;
Strong organisational skills;
Demonstrated knowledge of Microsoft Office Suite;
Ability and willingness to follow written and verbal instructions;
Ability to complete busy workload and respond to changing priorities;
Demonstrated commitment to on-going development of relevant knowledge, skills and attitudes;
Applications must fall within Australian Apprenticeship/Traineeship eligibility criteria
Working with Children Check

Desirable Criteria

- Reliable Transport
- Experience in a Library environments
- Experience in Tourism or Technology

Please forward your cover letter, resume and application addressing the Criteria via email to manager@franklandrivercrc.org.au



Frankland Rural



Agricultural Supplies | Agronomy | Animal Health

Farewell - Joss

The entire Frankland Rural team would like to bid farewell to Joss, who is leaving us for so called greener pastures.

Her absence will not go unnoticed.

Joss has been apart of Frankland Rural for 7 years and was an integral part of our team

It is sad to see Joss leave but the moments we all shared with her and the memories made will always be remembered. On behalf of everyone at Frankland Rural and all of our clients, we would like to wish Joss good luck and farewell.

Thankyou to everyone who attended our recent Crop Update. We appreciate you taking the time to join our guest speakers and we hope you all got some good information out of the day.



Frankland Rural have recently donated to the following events & organisations:

- 2022 World Record Shearing attempt
- Women in Farming (Cranbrook)
- Royal Flying Doctors Service
- Frankland River Primary School Camp
- Rocky Gully Show & Shine

OPENING HOURS:

Monday to Friday: 7:30am - 5:00pm
Saturdays: 9am - 12pm



Welcome to the Team

On behalf of Frankland Rural and our clients, we would like to welcome Andrew, Garry & Wendy to our team.

Andrew is joining us along-side Tim as an Agronomist, Wendy will be taking on the role of Accounts Officer, & Garry will be assisting the team out in the shed. We look forward to having three new members join our team and are extremely excited for what is to come. If you see them floating around Frankland Rural please say hello and introduce yourself.



3 Trent Street, Frankland River WA 6396

P: (08)9855 2288

M: 0477 552288

E: admin@franklandrural.com.au

Helping you to be the most profitable and sustainable farming business



SHIRE SNAPSHOT

Phone: 9826 1008
 Email: admin@cranbrook.wa.gov.au
 Website: www.cranbrook.wa.gov.au

SHIRE OPENING HOURS

8.30 AM — 4.00 PM
 Monday—Friday



The Council Corner

At the Council Meeting on 15 March 2023 Council had 9 reports to consider, amongst these were:

- The Council noted the List of Payments from February;
- Council approved a contribution of \$4000 to the WALGA Great Southern Roads Committee (GSRC) in conjunction with other local governments for the purpose of seed funding for road data collation and analysis;
- Council adopted the 2022/2023 Budget Review Report which outlines the performance for the period 1 July 2022 to 28 February 2023 in relation to the Annual Budget and the projections estimated for the remainder of the financial year;
- Authorisation to the CEO has been granted to sign off on a development application where CBH have requested to clear a portion road reserves under the control of the Shire of Cranbrook for the future development of the Cranbrook CBH site;
- Council resolved to formally initiate the process to close the Bettes Street road reserve in Tenterden after concerns were raised by the DPLH in regards to the previously resolved Toovey Street amalgamation, this amalgamation would leave Bettes Street isolated; and
- Council have formally resolved to declare the Electoral Commissioner responsible for the upcoming 2023 local government elections in October.

Next Council Meeting
Wednesday, 19 April 2023 in Frankland River

Waste Facility Sites - Opening Times

Cranbrook

Monday and Thursday 7.30 am - 11.30 am
 Friday and Sunday 1.00 pm - 5.00 pm

Frankland River

Monday and Thursday 1.00 pm - 5.00 pm
 Friday and Sunday 7.30 am - 11.30 am

TYRES

To dispose of old tyres at the sites you will need to purchase prepaid vouchers from the Shire Administration Office in Cranbrook or the Frankland River CRC.

CAMPING AND COOKING FIRES

No camping or cooking fires are permitted within the Shire of Cranbrook during the Prohibited Burning Period 1 November to 14 February (Dates inclusive); During the Restricted Burning Period 1 October to 30 October and 15 February to 30 April (dates inclusive);

- a permit must be obtained from the local Fire Control Officer for all camping and cooking fires on private property; and
- Additional written permission must be obtained from the Local Government CEO for all camping and cooking fires located on Shire property and Council Reserves; and
- A camping and cooking fire is described as;
 - A solid fire which is contained in a designated fire pit , or
 - A solid fuel barbeque contained in a fire safe receptacle, or;
 - A wood fired pizza oven

That must meet safety requirements detailed in Section 25 of the Bushfires Act 1954. A camping and cooking fire not contained by one of the above mentioned practices, are not permitted.

DRIVING TESTS

*****BOOKINGS ESSENTIAL*****

The Shire of Cranbrook endeavours to hold Practical Driving Assessments for our locals only.

The Practical Driving Assessor will next be in Cranbrook on 30/3/23 and 20/04/2023 between 1.30 & 3.00pm.

To enquire or make a booking please contact the Department of Transport on 13 11 56 or present to the Shire



Recycling Kerbside Collection

3rd & 17th April 2023

Administration Office CLOSED

The Shire's Administration Office will be closed for the Easter Public Holidays on Friday, 7 April and Monday 10 April 2022, re-opening Tuesday, 11 April 2022 at 8:30am.

ANZAC Day Public Holiday on Tuesday 25 April, re-opening Wednesday 26 April at 8:30am.



ANZAC DAY 2023

Sukey Hill Dawn Service

Tuesday, 25 April 2023 at 5:45am. Followed by a gunfire breakfast at the Cranbrook Town Hall

Anzac March

The March will commence at 9am to be followed by an Anzac Day Service at the Cranbrook Town Hall on Gathorne Street

The Community Hub will be open to the public to allow for somewhere to meet with other citizens between the two Services and to show case the planned Anzac exhibit

SHIRE OF CRANBROOK - COMMUNITY GRANT PROGRAM

Does your community group or organisation have a project, program, or event that you require financial assistance to undertake?

Did you know that the Shire of Cranbrook has a community grants program that can assist your group or organisation with this!

To find out more information please visit <https://www.cranbrook.wa.gov.au/our-community/community-grant-program/>

Applications close on Friday 26 May 2023 at 4pm



SHIRE SNAPSHOT

The Shire of Cranbrook is compiling a list of vulnerable people within the Shire. This list will only be used by the Shire and emergency services in the event of an Emergency. If you would like your name added to the list or to obtain more information on how this list will be used, please contact the Shire office on 9826 1008.

Calling young filmmakers!

CinefestOz would love to see students from the Great Southern participate in their Cinesnaps competition!

Don't forget this closes on 30 June 2023. As well as Year 7-9, we have a Year 10-12 category, offering up a \$1000 prize . 🍀

There's still plenty of time to SWITCH on the ideas!

Download entry packs here: or visit their Facebook Page <https://cinefestoz.com/.../short-film.../entry-pack/>



CRANBROOK COMMUNITY GYM

MEMBERSHIPS AVAILABLE TO JOIN THE COMMUNITY GYM

HOP OFF THE COUCH, PUT ON THE ACTIVE WEAR, AND WARM YOURSELF UP WITH A WORKOUT. CONTACT THE SHIRE ADMINISTRATION OFFICE ON 9826 1008.



Have you visited our new website?

Take the time to explore the features, which include:

- Online bookings for the Cranbrook Caravan Parks
- Online payment of rates
- Completing online hire forms, such as;
 - Community Bus Hire
 - Equipment or Facility Hire
 - Private Works Requests



We highly recommend checking it out!

www.cranbrook.wa.gov.au

COMMUNITY BUS

Did you know that the Shire has two 12 seater buses for full and half day hire. One in Cranbrook and the other in Frankland River. Why not enquire for your next event today! Phone 98261 008



SNAP SEND SOLVE

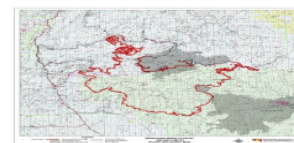
The Snap Send Solve app is the most efficient way of reporting a variety of issues directly to the Shire. Reportable issues include:

- Abandoned cars or vehicles
- Animal related issues
- Dumped rubbish and litter or Graffiti
- Damaged pavement and roads
- Playground equipment
- Fallen trees

Becoming a community legend has never been easier! <http://www.snapsendsolve.com/>

Fire Maps - For Sale

The updated Shire of Cranbrook Fire Maps and Index are available for purchase in hard copy from the Shire Administration Office and Frankland River Community Centre for \$25 – if you have already purchased a map and would like a copy of the index please contact the Shire Office on 98261008 or email admin@cranbrook.wa.gov.au



Sign up to our Emergency Services SMS Alert Register.

Receive important notifications for our community.



For more information or to register contact the Shire Administration Office on 9826 1008.

Play in the Park 2023 February to June **Play in the Park**

Regional Locations Community

ALL WELCOME

10am-12noon

2023	Denmark 20th Wednesday	Wendrup 3rd Wednesday	Jerramungup 3rd Wednesday	Cranbrook 4th Wednesday
February	8	8	15	22
March	5	5	12	19
April	2	Holidays	Holidays	9
May	3	10	17	24
June	7	14	21	28

FREE!

Outdoor Play Time

Story/Rhyme/Craft/Fruit

Support your child's development through play

Supported by

For more details contact: Geraldine.pegler@tymcawa.org.au

♥ ♥ **FREE
EVENT**



YOUTH WEEK

ROLLER BLADING

**BOARD GAMES
COLOURING IN
SAUSAGE SIZZLE**

**APRIL
19TH**
AT 10.30AM -
1PM

CRANBROOK HALL



Register your interest admin@cranbrook.wa.gov.au

BYO - WATER BOTTLE AND PROTECTIVE GEAR (SKATES PROVIDED)



YOUTH WEEK
MOVIE DAY
Friday 21st April - FREE EVENT



SING 2 - 10.30AM



GO KARTS - 1PM



SHOWING AT THE GILLAMII
register your interest admin@cranbrook.wa.gov.au
Popcorn and water supplied

We Are Not The Same – Is It Embedded In Our Masculinity?

Quite often as blokes we have been told to get in touch with our feminine side. Over time this narrative has been part of the language barrier that has put bloke's positive approaches to wellbeing issues and help seeking in reverse.

There are three parts to our health: physical, mental and social/spiritual wellbeing. The latter is where we find: our identity, our individuality, our own sense of self, our sense of belonging, our passions and interests and our emotional context (not a feminine side!)

We are the same species but putting it simply men and women have evolved differently. Our DNA is 99.6% similar but it is that 0.4% difference that we need to talk about and address, because it helps explain why blokes have a warrior attitude to life and in turn helps explain why we seek help differently.

There are three main areas of difference that we talk about in the work we do:

1. Communication

- On average blokes will talk one third less than ladies per day (7,000 words to 21,000 words) this starts from a young age from boys through to men. Anyone with a wife, mother, mother-in-law, daughter, or partner will know this. Ladies, talking is a good thing as it helps address/highlight a whole lot of issues.

- It is perfectly normal for blokes to talk in dot points or even just grunt!

2. Risk-taking

- Blokes are hard wired to take risks from an early age. Some of this is linked to our brain development. The brain development stage for a lady is roughly between the ages of 18 to 20 years, whereas for a bloke it is between the ages of 25 to 28 years (some may say 45 to 50 years!)

- As we get older, we get wiser, but we are still hard wired to take risks.

3. Winning (an important part of the warrior culture)

- The majority (90%) of Aussie men think winning is important (a trait that can be traced back to our true warrior days, hunting for survival);

- An alarming statistic is that 50% of blokes think winning is all that matters. So quite often blokes don't take a backward step when it comes to finances, relationships and/or business matters.

The importance blokes place on winning, explains why a loss event and/or a sense of loss becomes problematic and can be hard to deal with. Combine this with the lack of understanding of our emotions and we may be a ticking time bomb.

As blokes we need to be more aware of our emotions and that it is alright to show them. We will all experience emotional issues throughout our lives. During these times we should openly express our emotions maybe through a hug or a cry and/or use language that is foreign to us i.e. I am sad, and/or I am struggling here.

Talk to a Mate®!! It is beneficial, and you will realise that it's not just you that may be struggling, there's a lot of other blokes out there feeling the same way.

The Regional Men's Health Initiative

P: (08) 9690 2277

E: menshealth@4blokes.com.au



News from the Shed

It's been another productive month – the boys have been working on getting steel ready for the construction of the new Shed trusses and working on some more “mini-rooms”, we made 6 late last year, three for Cranbrook Primary School and three for Frankland River Primary school, these are used to set up as mini shops, garages, dr surgery etc. They have proved popular and we were asked to make an addition two, which are well on the way to completion.

We still admire our new concrete floor and really appreciated the assistance from all involved in the donation of materials, machinery and time to get the Shed floor poured. I suspect the boys may have enjoyed the quieter pace this month as the “noisy slave driver” took a well-earned holiday and took the opportunity to travel and explore some of SA with his wife – he's back now so the peace will be shattered this Thursday. The garden team have been busy and have harvested some lovely water and rock melons and are now planning for the winter planting.

The Cranbrook Community Men's Shed, was established to provide a venue for all men living or visiting the Cranbrook Shire with a place to feel welcome to visit and participate in the various activities offered. We always encourage men to call in on a Thursday for a look around and to join us for a cuppa – the kettle is always hot and it doesn't take much for us to take a break and have a cuppa. We continue with opening the Shed on Saturday morning, so if Thursday doesn't suit, why not drop in on a Saturday morning. We hold bimonthly meetings, with our next meeting being April the 13th. We hold the meetings at lunch time with all attending offered a burger cooked to perfection. For more info about the Shed activities please contact John De Burgh 0419 957 962 or Mal Humble 0410 568 519



Frankland Rural
Agricultural Supplies | Agronomy | Animal Health

OPENING HOURS: 3 Trent Street, Frankland River WA 6396
 Monday to Friday: 7:30am - 5:00pm P: (08)9855 2288
 Saturdays: 9am - 12pm M: 0477 552288
 E: admin@franklandrural.com.au

OUR TEAM

Tim Trezise - Agronomist & Director: 0429 311 795
 Chloe Casson - Manager & Director: 0416 540 759
 Zali Spencer - Animal Health & Production: 0418 922 178
 Andrew Smith - Agronomist: 0438 263 910
 Bronwen Coole - Finance Officer: (08)9855 2288
 Chloe Worth: Sales & Administration: 0477 552288
 Wendy Clarke - Accounts: (08)9855 2288
 Julie Ettridge - Truck Driver & Shed Manager: 0428 135 766
 Garry Clarke - Shed & Packing department: (08)9855 2288

 Helping you to be the most profitable and sustainable farming business 



Frankland River General Store

Easter Trading Hours

Friday 7th April
 Good Friday **CLOSED**

Saturday 8th April
9.00am to 12noon

Sunday 9th April
 Easter Sunday **CLOSED**

Monday 10th April
9.00am to 12noon



SHAMROCK LOGISTICS

Rhys
 0438 162 679
 Melanie
 0419 927 559

Frankland River WA 6396
 shamrocklogisticswa@gmail.com

Bulk Ag General Freight Wool

St Lukes Family Practice

Doctors Visits to Frankland River

www.stlukesfamilypractice.com.au

9821 2155 or 9831 0622

Please advise if you wish your appointment at the Frankland River clinic.

Next visiting date
Wednesday 12th April

Rocky Gully Progress Association Inc
Wilderness & Wildflowers

Notice of Annual General Meeting.

Dear Members,
 This is to advise you of the upcoming Annual General Meeting of RGPA. The details are as follows.
 Date: 1st May 2023
 Time: 6.00pm
 With a sausage sizzle to follow.
 Place: CWA

All executive positions will be up for election.

Agenda:
 For an agenda, please email rgpasec@gmail.com and I will happily forward you one.

Regards
 Julia Carpenter
 RGPA Secretary



Supporting Your Community
Community Bank
Tambellup Cranbrook

OPENING HOURS

Cranbrook Ph 9826 1777
Mon & Wed 9.30am-12pm 12.30pm-4pm
Friday - Book an appointment & we can come see you.

View our Websites & Facebook page

Tambellup Ph 9825 1333
Tues & Thurs 9.30am-12pm 12.30pm-4pm

Call the Branch direct on the above phone numbers

Happy Easter!

We wish you a safe and happy break with friends and family.

We look forward to assisting you with our extensive range of banking products and services soon.

Find out more. Call 9826 1777 or search Bendigo Bank Community Bank Tambellup Cranbrook.



Community Bank
Tambellup Cranbrook

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Available through Bendigo Bank

Backyard Buddies

They're breeding like rabbits!



Understanding Aphids

Green peach aphid (*Myzus persicae*) giving birth to nymph on a potato leaf (©2023 DPIRD)

Aphids are small, soft-bodied, sap sucking insects which belong to the order Hemiptera. Let's examine some unique biological features about aphids to better understand why they are so difficult to control.

Host plant range: Many species of aphids can feed on a wide range of host plants, which makes it difficult to control infestations in mixed plantings. These aphids are referred to as 'polyphagous' and includes the green peach aphid which feeds on a wide range of crops including vegetables, fruit trees, and ornamental plants.

Rapid reproduction: Aphids can reproduce asexually through a process called parthenogenesis, where females give birth to live young without mating with a male. This allows aphid populations to grow rapidly under favourable conditions, and some species produce 20+ generations a season.

Developmental plasticity & dispersal: Aphids can produce alates (winged aphids) in response to changes in environmental conditions. A drop in food quality, overcrowding or increased

predation pressure can alter their development and produce winged individuals to aid in aphid dispersal.

Ant mutualism: Some species of aphids have a mutualistic relationship with ants, which can protect them from predators and parasitoids. This can make it difficult to control aphid populations without also addressing the ant presence.

Insecticide resistance: Some aphid populations have developed resistance to commonly used insecticides, which can make control even more challenging.

Understanding these factors can help you develop effective strategies for managing aphids. This may include cultural practices like removing infested plants, biological control methods like introducing natural predators or parasitoids, and careful use of insecticides that are effective against the specific aphid species present.

If you don't recognise the aphid you are trying to control, please report it.

Report suspect pests



MyPestGuide™ Reporter
via app or online
mypestguide.agric.wa.gov.au



Pest and Disease Information Service
(08) 9368 3080
padis@dpiird.wa.gov.au

CRANBROOK GOLF CLUB EST 1931

COME DOWN FOR A GAME, A BIT OF FUN OR TAKE IT SERIOUSLY, UP TO YOU. WE ARE A FAMILY FRIENDLY CLUB LOOKING FOR NEW MEMBERS TO COME AND ENJOY OUR COURSE AND FACILITIES. WITH A CLUB HISTORY DATING BACK TO 1931, THERE ARE PLENTY OF GREAT HISTORIC MOMENTS, RECORD BREAKING SHOTS AND FUN STORIES FOR EVERYONE TO HEAR ABOUT. SO COME DOWN ENJOY A LAUGH AND BECOME PART OF THE STORY. MARK YOUR OWN SPOT IN HISTORY DOWN AT THE GOLF CLUB AND TALK ALL ABOUT IT AT OUR LICENSED 19TH HOLE.



WE ARE OFFERING 1/2 PRICE MEMBERSHIP FOR YOUR 1ST YEAR. THE LADIES ARE BACK IN THE SWING OF THINGS PLAYING EVERY SATURDAY FOR 9 HOLES.

1ST YR ADULT MEMBERSHIP		\$60 /YR
ADULT MEMBERSHIP		\$120 /YR
JUNIOR UNDER 18 YRS		\$20 /YR
LOCK UP FACILITY ACCESS FOR CLUBS AND CART		\$80 /YR
LADIES GREEN FEES 9 HOLES	\$5 /GAME OR	\$100 /YR
MENS GREEN FEES 18 HOLES	\$10 /GAME OR	\$200 /YR
SOCIAL MEMBERSHIP		\$30 /YR

SEASON STARTS ON APRIL 29TH. MEN'S NAMES IN BY 12:15 FOR TEE OFF AT 12:30 FOR 18 HOLES. LADIE'S NAMES IN BY 2:15 FOR TEE OFF AT 2:30 FOR 9 HOLES.

GOLF COURSE IS LOCATED AT 60 RONALD SHAW RD, CHECK US OUT ON FACEBOOK OR CONTACT THE CLUB SECRETARY DAN ON PH 0411 409 199 FOR FURTHER DETAILS. OR YOU CAN EMAIL US AT cranbrookgolfclubwa@gmail.com

Australian Fire Danger Rating System

Moderate: Plan and prepare.

High: Be ready to act.

Extreme: Take action now to protect your life and property.

Catastrophic: For your survival, leave bushfire risk areas.

When there is minimal risk, Fire Danger Ratings will be set to 'No Rating'.

For current Fire Danger Ratings and Bushfire Warnings visit emergency.wa.gov.au

Check the Fire Danger Rating daily and decide what you will do before there is a fire. Visit mybushfireplan.wa.gov.au



For current bushfire information & fire danger ratings

emergency.wa.gov.au

Frankland River Solitary Style Plates



Frankland River Solitary Style plates are available at a cost of \$220.00.

They make a fabulous gift for birthdays, or the new car buyer.

If you are interested please complete an application form from the Frankland River Community Resource Centre and return to Teresa Lawson with payment.

Please call 9855 2310 for any enquiries.

Help us find you in an emergency



Calling triple zero (000) from within the St John First Responder app will send your GPS coordinates direct to the St John State Operation Centre, making it easier for an ambulance to locate you.

The app is free on iOS and Android. Download it today.

YOGA

Tuesday's & Thursday's 6.30pm – 7.30 pm.

Frankland Hall

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FRANKLAND RIVER



SHEARING SERVICES

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We are growing our business!

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So if you need help with your shearing.

Give me a call 0427 338 913

Frankland River General Store

Trading Hours

Monday to Friday
6.30am - 6.00pm

Saturday & Sunday
9.00am to 12noon

Public Holidays as advertised

Phone: 9855 2265

Pilates

Pilates with Alyssa are back on the following dates:

April 5th, 12th and 26th (all 7.30am in the hall)

May 3rd, 10th and 17th (all 7.30am in the hall)

Bookings are ESSENTIAL as all classes are subject to cancellation if minimum numbers are not met.

Can book via text / call 0478 105 765

<https://www.facebook.com/FRiverCRC>



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And Associates

Mount Barker

Monday – Friday
8:30am – 5:00 pm

Saturday
9:00am – 12:00 noon

Cranbrook

Tuesday
9:00am – 10:00am
Farm calls by appt. after 10:00am

Companion Animals

- Routine vaccination, microchipping
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- Premium pet food and pet accessories
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- Ultrasound pregnancy scanning of sheep and cattle
- Sheep and cattle herd health
- Bull fertility assessment
- Worm egg counts and drench resistance testing



69 Lowood Road | PO Box 57 | Mount Barker WA 6324 | Ph: (08) 9851 1177 | Find us on Facebook and Instagram



www.mtbarkervet.com.au

admin@mtbarkervet.com.au

After hours emergency only: 0427 426 203



We would like to take this opportunity to extend a grateful note of thanks to our annual advertisers who continue to support your local community paper with their paid advertising; some of these have been with us since inception of the local rag in early 1998.

This assists us with production costs and allows FREE fortnightly circulation to residents in our district. Thank you all.

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Every second Monday

17th April

1st May

15th May

29th May

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Visitors Welcome

Open weekdays 10.00 am to 4.00 pm
Weekends and Public Holidays by appointment
Frankland Rocky Gully Road
Ph: 9855 1544

APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		4 Skin Cancer Clinic Storytime Yoga 6.30pm	5 Pilates 7.30am Playgroup & Toy Library	6 Last day of Term 1 Nunijup Patchwork Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	7 Good Friday	8 Op Shop 8.30 - 12.30
9 Easter Sunday Catholic Mass 12noon	10 Easter Monday	11 Yoga 6.30pm	12 Pilates 7.30am DOCTOR Craft Club 1.30pm @ CRC	13 Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	14 Waste Station 7:30am - 11:30am Article deadline	15 Op Shop 8.30 - 12.30
16 Waste Station 7:30am - 11:30am	17 Recycling Waste Station 1:00pm - 5pm	18 Yoga 6.30pm	19 Child Safety Workshop Council Meeting Frankland River Craft Club 1.30pm @ CRC	20 Nunijup Patchwork Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	21 Waste Station 7:30am - 11:30am	22 Op Shop 8.30 - 12.30
23 Waste Station 7:30am - 11:30am	24 Waste Station 1:00pm - 5pm	25 ANZAC Day	26 Pilates 7.30am Start of Term 2 Craft Club 1.30pm @ CRC Paint Club 6.30pm	27 Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	28 Waste Station 7:30am - 11:30am Article deadline	29 Op Shop 8.30 - 12.30
30 Waste Station 7:30am - 11:30am	1 Naturopath Recycling Waste Station 1:00pm - 5pm	2 Yoga 6.30pm	3 Pilates 7.30am Craft Club 1.30pm @ CRC	4 Nunijup Patchwork Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	5 Waste Station 7:30am - 11:30am	6 Op Shop 8.30 - 12.30

Church Announcements

Anglican

Cranbrook:

Ist, 2nd, 3rd & 4th Sunday 10.00 am
at St Oswalds Church
Contact - Jan Pope 0417 981 264

Tenterden:

On a 5th Sunday of the month 10:00 am
at St Mildred's Church

Baptist

No services at Frankland River until further notice

Cranbrook Service 10.30am

Cranbrook Frankland River Baptist Church

Services are also uploaded to YouTube

https://www.youtube.com/channel/UCV4nIqkuX_cj7LwacAgAdAw

Contact Mark Jefferies 0428 517 103

Catholic

Parish Priest Father Ely Comanda

Ph 0421 282 775

Contacts:

Clarissa Devine 0497 545 334

Debbie Coole 0427 240 556

Mass Times - 3rd Sunday of the month
at the Frankland Catholic Church at 3.00pm.

All new community members warmly welcomed.

EMERGENCY NUMBERS

- Ambulance 000
- Primary Number for ALL
Emergency Assistance 000
- Hospital Mt Barker 9892 1222
- Hospital Albany 9892 2222
- Poisons Info Centre 13 11 26
- Cranbrook Police (08) 68013840
- Crime Stoppers 1800 333 000
- Fire Brigade:
 - Frankland Town 0427 552 321
 - Frankland 0458 552 271
 - Chief BFCO 0407 261 005
- DFES 1300 657 209
- Vet Mt Barker 9851 1177
- Vet Kojonup 9831 1666
- Southern Agcare 9842 2956
- HACC - Mt Barker 9851 2015

AA
Contractors 

Earthmoving & Freight

Frankland River

 **0427 552 321**



**TO THE
RESIDENT**

The Franklander

Frankland River Community Resource Centre

8 Wingebellup Road

Frankland River 6396

Phone: 9855 2310

Email : franklander@franklandrivercrc.org.au