



Vol 26 No 8 Newspaper of the Frankland River Community Est. 1998

Circ. 415

17 April 2023



ON 25 APRIL 1915, MEMBERS OF THE AUSTRALIAN AND NEW ZEALAND ARMY CORPS LANDED AT GALLIPOLI.

ON THE ANNIVERSARY OF THIS DAY EACH YEAR WE COME TOGETHER TO HONOUR THE SERVICE AND SACRIFICE OF ALL OUR VETERANS.



ANZAC DAY 2023 Sukey Hill Dawn Service

Tuesday, 25 April 2023 at 5:45am. Followed by a gunfire breakfast at the Cranbrook Town Hall

Anzac March

The March will commence at 9am to be followed by an Anzac Day Service at the Cranbrook Town Hall on Gathorne Street

The Community Hub will be open to the public to allow for somewhere to meet with other citizens between the two Services and to show case the planned Anzac exhibit



ANZAC DAY 2023

Frankland River Dawn Service

Tuesday 25th April 2023

5.45am

Frankland River War Memorial

Followed by Bacon & Egg Burgers for breakfast

Lest We Forget





CWA ANZAC BISCUIT RECIPE

INGREDIENTS

1 cup rolled oats
1 cup caster sugar
1 cup desiccated coconut
1 tablespoon golden syrup
3/4 cup flour
2 tablespoons butter
1 teaspoon bicarbonate of soda
(dissolved in 2 tablespoons boiling water)

METHOD

Melt butter. Add syrup to dissolved soda and water.

Combine with melted butter. Mix dry ingredients
and stir in the liquid. Place small balls on a
buttered tray and bake in a moderate oven.

Lift out carefully with a knife as they are soft till cold.

Honouring all who have served









MAA18 AusChem **Accreditation Skill Set** 19th & 20th June

Learn the knowledge and skills required to manage risks associated with chemical use, and to understand your obligations in the areas of duty of care, quality assurance and environmental management.

\$35.00 (resource fees) + \$75.00 (registration fee) = \$110.00 per student Cost

IMPORTANT NOTES TO STUDENTS:

All participants are now required to:

- Complete the pre-enrolment form
- Wear clean and functional gloves / mask - Wear long sleeved shirt and long trousers
- Wear enclosed boots
- Bring safety glasses
- Bring reading glasses if needed

Re-Accreditation Students are required to bring to class a photo copy from their Spray Diary /Application Records and a copy of their chemical storage register

For further information please call 9855 2310



Dr Dave's next visit 10th May & will include **FLU CLINIC** from 11am-1pm Cost \$25 EFTPOS available. **Bookings essential. Please ring St Lukes** 98310622 for appointments. Covid Vaccines will also be available.





You are invited to attend the opening of the

Rocky Gully Soldier Settlement
"The First Years"

Memorial

to be held on Sunday 23rd April 2023 commencing 11am in Rocky Gully Town Centre

Following the formalities refreshments will be served

on Muir Highway

RSVP angelaheaton@aapt.net.au / 0413 436 447 lesley.librizzi@y7mail.com / 0417 995 648 by 7th April 2023



SALE
For A Limited Time Get
O% OFF

Hoodies or buy 2 Tee's and get a Beanie for just \$8







Intermediate Excel Course

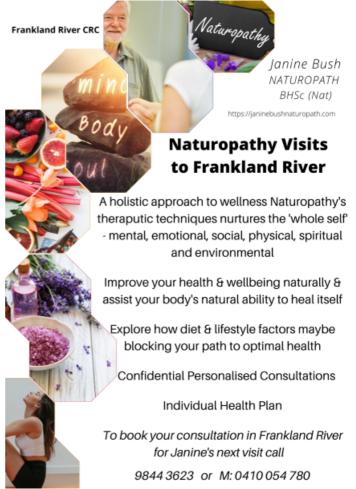
Due to the overwhelming response our first course in fully booked. We are currently taking Expressions of Interest for a second course.

IMPORTANT NOTES TO STUDENTS:

- · You will be required to bring your own device
- · Have a fairly up-to-date version of Excel installed
- · Enrol at least 7 days before the course

Access to Office 365 and Excel will be given for the course content once paperwork and enrolment has been completed.

For further information please call 9855 2310





Phone (08) 9855 2310

Email: manager@franklandrivercrc.org.au

https://franklandrivercrc.org.au

Our Services

Government Information

Public Library

Computer Hire

Wi-Fi Internet Hotspot

Centrelink Access Point

Desktop Publishing

Printing

Laminating

Binding

Business Courses

Room Hire

Photocopying

Videoconferencing

Containers for Change

Tourist Information

Kid's Club

Lifestyle Courses

Job Board

Souvenirs

Craft

The Franklander Newspaper

Managers Report

Well, it has certainly been a busy fortnight at the CRC with 98 people through to see Dr Cockerill, our normal monthly doctors visit, a busy caravan park and plenty of tourist stopping in town on their way through and our general day to day transactions. It is great to be so busy and to be able to help so many people.

I know the whole community appreciates and thanks Dr Cockerill for coming down from Geraldton each year to run the Skin Cancer clinic, it really is an amazing service in our small town.

At next months Doctors visit Dr Dave will be bringing a nurse with him and will be administering Flu Shots between 11am and 1pm. There are still appointments left but I would recommend ringing St Luke's in Kojonup and making your appointment now. Children under 5 years of age, seniors over 65 years of age and anyone with a medical condition from the approved list will be able to get their Flu shot for free, all other Flu Shots will be \$25, this can be paid in cash on the day or by Eftpos at the CRC. We have agreed to process payments on behalf of St Luke's for this clinic.

On Wednesday last week we started our weekly Craft group, we made some wonderful purple flowers to go on our Purple Road. This is a project we are undertaking to raise awareness for Elder Abuse. It was great to have a small group get together and start this project and we look forward to seeing it develop over the coming months, culminating in a week of events in June. If you would like to get involved in making some purple flowers either during the craft session or even just at home, please let me know and we can get you started.

We will be holding an Anzac service at 5.45am on Tuesday the 25th of April at the war memorial, come down and join us in a quick service followed by bacon and egg burgers, expertly cooked by Darren. We are still hoping to have some volunteers for readings on the morning, please let me know if you can help.

Have a wonderful fortnight.

Teresa



Community Garden

Updates & Announcements



To grow social connections through education & sustainable living.

Recipe's

Easy Honey Mustard Chicken

INGREDIENTS

1/2 cup honey, or to taste
1/4 cup yellow mustard
1/4 cup dijon mustard (grain) or spicy brown mustard may be substituted)
2 tablespoons olive oil
550g of boneless chicken breast (or chicken tenders)
1/2 teaspoon selt, or to taste
1/2 teaspoon pepper, or to taste
2 to 3 cups broccoli florets

METHOD

To a medium bowl, add the honey and the mustards and whisk to combine. Taste and check for flavor balance, adding more honey or mustard to taste if necessary, set aside.

To a large skillet, add the oil and the chicken, and cook over medium-high heat for about 3 to 5 minutes on the first side. Flip and cook for about 3-5 minutes on the second side.

Cooking time will vary on the thickness of the chicken. Chicken should be about 90% cooked through.

Evenly drizzle the honey mustard over the chicken and flip each piece over a few times to ensure both sides are coated evenly

Add the broccoli and stir to combine, making sure the broccoli gets coated with the honey mustard. Cover and cook over medium-low heat allowing broccoli to steam for about 3 to 5 minutes or until the broccoli is crisp-tender and the chicken is cooked through.

Serve immediately.

Recipe courtesy of: Averie cooks

Weather

Tuesday: Cloudy with a top of 20C

Wednesday: Sunny with a top of 23C Thursday: Sunny with a top of 23C

Friday: Sunny with a top of 23C

garden lips

April is a great time to do the following in your garden

Prune hedges of lavender and rosemary

Plant annuals for winter and spring colour. Try pansy, cineraria or viloa,

Prune summer fruiting trees that have finished cropping...pruning after
harvest reduces the risk of fungal disease and gives the trees a chance to
put on some growth before winter.

put on some growth before winter.

•Trim native shrubs after they have finished flowering too.

•Prune any potted plants that are looking tired and lanky by half.
•Top up slow-release fertilisers in all pot plants to replace nutrients leached out.by regular summer watering

 Apply a wetting agent to pots of water runs straight down the six of the pot and the potting mix below the surface stays dry.



Traineeship Opportunity

As part of the Centre's Traineeship program, we are looking for applications for our next intake. The Frankland River CRC is a dynamic and forward focused organisation who exists to provide varied government services, community support, service referral, activities and events for our community.

The centre is seeking those interested in studying for a Certificate II in either

- Tourism
- Information, Digital Media and Technology
- Community Services
- Business

We therefore invite written applications for traineeships as described above.

Essential Criteria

Administration skills or interested in learning;

Demonstrated effective verbal, written and interpersonal communication skills;

Meticulous attention to details

Bright, friendly, enthusiastic, with a "Can Do attitude";

Focus on customer service;

Strong organisational skills;

Demonstrated knowledge of Microsoft Office Suite;

Ability and willingness to follow written and verbal instructions;

Ability to complete busy workload and respond to changing priorities;

Demonstrated commitment to on-going development of relevant knowledge, skills and attitudes;

Applications must fall within Australian Apprenticeship/Traineeship eligibility criteria

Working with Children Check

Desirable Criteria

- · Reliable Transport
- Experience in a Library environments
- Experience in Tourism or Technology

Please forward your cover letter, resume and application addressing the Criteria via email to manager@franklandrivercrc.org.au







Frankland River CRC,
Public Library &
Centrelink Access Point
will be closed
on ANZAC Day

Tuesday 25th April







ANZAC WEEKEND Frankland River General Store Trading Hours

Saturday 22nd April
9.00am to 12noon

Sunday 23rd April 9.00am to 12noon

Monday 24th April 6.30am to 6.00pm

Tuesday 25th April
9.00am to 12.00noon
NO Alcohol Sales

Lest We Forget



Anzac Biscuits

A touch of history

Anzac biscuits are an Aussie classic which celebrate our National Day of Remembrance.

While there are many references to a biscuit similar to the classic recipe we use today dating back to 1916 these were usually published under the name Rolled Oat Biscuits, Red Cross Biscuits or Soldier Biscuits and they didn't include desiccated coconut.

It is believed the popular sweet biscuit recipe we know today was first published in New Zealand in the St Andrew's Cookery Book in 1919 under the name "Anzac Crispies".

While it's a popular myth that they were called Anzac Biscuits because the were shipped to the ANZAC's during the first World War, they do travel well and do not contain ingredients that were easily spoilt.

The name "Anzac biscuits" wasn't given to these delightful buttery, oat cookies until the 1920's. The biscuits were more often made at home to sell for fundraising, or to serve at fetes and other events held to raise money for the war effort, and it's this connection between the biscuits and the war that led to the use of the name "Anzacs".

The simplicity of the recipe as a melt, mix, shape and bake biscuit makes them the perfect first recipe a lot of Australian and New Zealand kids learn to bake.

The fragrant biscuit rich with golden syrup and coconut flavour's can be served super chewy or crispy and matches perfectly with a cup of tea or coffee to be enjoyed by all.

Not only are these biscuits named in honour of a group of soldiers that helped form the national spirit of two countries, they've also become an indelible part of early life for many Australian and New Zealand bakers.

Anzac biscuit should not be confused with that staple of soldiers' and sailors' rations for centuries, the hardtack biscuit.

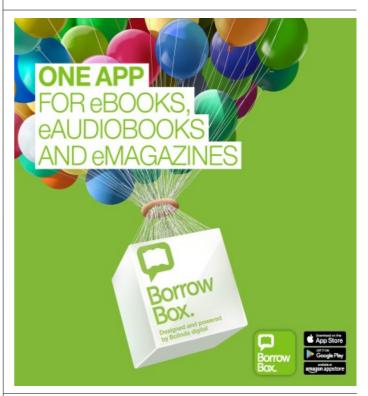
On Gallipoli, where the supply of fresh food and water was often difficult to maintain, hardtack biscuits became notorious. So closely have they been identified with the whole Gallipoli experience that they are sometimes known Anzac tiles or Anzac wafer biscuits. Hence the confusion with the sweet biscuit.

Making Anzac biscuits is one tradition that Australians use to commemorate Anzac day. Everyone one of us has their favourite recipe and preference of a chewy or soft biscuit.

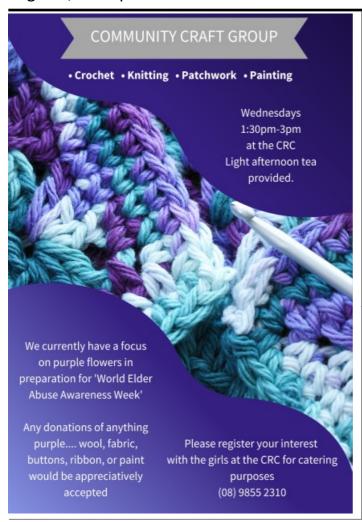
The true nature of the comradeship between the Aussies and Kiwis is usually commemorated and celebrated with a gunfire coffee (black coffee with a splash of rum) and home baked Anzac biscuit each year as part of the ANZAC spirit.

From humble beginnings as a wartime treat, ingeniously using golden syrup as a binder in a time when egg supplies were short, come these simple but perfectly formed biscuits. Unlike with the Pavlova, there's never any argument about where the original recipe comes from.

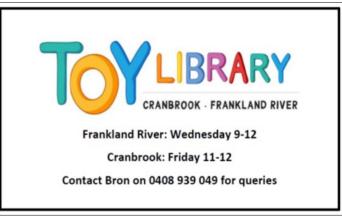
With the Anzac biscuit, we know that it's not the recipe source that's important, but the spirit and sacrifice of the soldiers who inspired the name. Lest we forget.













SHEEP ALL ROUNDER

Feeding Made Simple

- Made Locally in Cuballing WA -

Patmore Feeds' Sheep ARP (All Rounder Pellet) is a highly palatable pellet specifically designed and balanced to meet the complete nutritional requirements of sheep in Western Australian conditions; including added Vitamin E and Selenium.

Patmore Feeds' Sheep ARP is ideal for trail feeding as well as feeding through feeders in the paddock or in confinement feeding settings for all classes of sheep.

SECURE YOUR SUPPLY EARLY CONTACT US NOW TO DISCUSS YOUR REQUIREMENTS

We are proud to be a part of growing regional Western Australia and value your support.





RSVP AND PURCHASE TICKET HERE -

Sunday 30th April at Henderson and Hwang









Fendt 200 Vario V/F/P

207 V/F • 208 V/F • 209 V/F/P • 210 V/F/P • 211 V/F/P



At your local dealer



Lot 11320 South West Hwy, Manjimup 6258

PHONE: 08 9777 2100

EMAIL: admin@southernforestmachinery.com.au web: www.southernforestmachinery.com.au







St Lukes Family Practice Doctors Visits to Frankland River

www.stlukesfamilypractice.com.au

9821 2155 or 9831 0622

Please advise if you wish your appointment at the Frankland River clinic.

Next visiting date
Wednesday 10th May

Rocky Gully Progress Association Inc Wilderness & Wildflowers

rriaerriess & rriagrerrers

Notice of Annual General Meeting.

Dear Members,

This is to advise you of the upcoming Annual General Meeting of RGPA. The details are as follows.

Date: 1st May 2023 Time: 6.00pm

With a sausage sizzle to follow.

Place: CWA

All executive positions will be up for election.

Agenda:

For an agenda, please email rgpasec@gmail.com and I will happily forward you one.

Regards Julia Carpenter RGPA Secretary

CRANBROOK GOLF CLUB EST 1931

COME DOWN FOR A GAME, A BIT OF FUN OR TAKE IT SERIOUSLY, UP TO YOU. WE ARE A FAMILY FREINDLY CLUB LOOKING FOR NEW MEMBERS TO COME AND ENJOY OUR COURSE AND FACILITIES. WITH A CLUB HISTORY DATING BACK TO 1931, THERE ARE PLENTY OF GREAT HISTORIC MOMENTS, RECORD BREAKING SHOTS AND FUN STORIES FOR EVERYONE TO HEAR ABOUT. SO COME DOWN ENJOY A LAUGH AND BECOME PART OF THE STORY. MARK YOUR OWN SPOT IN HISTORY DOWN AT THE GOLF CLUB AND TAIK ALL ABOUT IT AT OUR LICENSED 19⁵¹⁸ HOLE.





WE ARE OFFERING 1/2 PRICE MEMBERSHIP FOR YOUR 1ST YEAR. THE LADIES ARE BACK IN THE SWING OF THINGS PLAYING EVERY SATURDAY FOR 9 HOLES.

1ST YR ADULT MEMBERSHIP			\$60 /YR
ADULT MEMBERSHIP			\$120 /YR
JUNIOR UNDER 18 YRS			\$20 /YR
LOCK UP FACILITY ACCESS FOR CLUBS AND CART			\$80 /YR
LADIES GREEN FEES 9 HOLES	\$5/GAME	OR	\$100 /YR
MENS GREEN FEES 18 HOLES	\$10 /GAME	OR	\$200 /YR
SOCIAL MEMBERSHIP			\$30 /YR

SEASON STARTS ON APRIL 29™. MEN'S NAMES IN BY 12:15 FOR TEE OFF AT 12:30 FOR 18 HOLES. LADIE'S NAMES IN BY 2:15 FOR TEE OFF AT 2:30 FOR 9 HOLES.

GOLF COURSE IS LOCATED AT 60 RONALDSHAW RD, CHECK US OUT ON FACEBOOK OR CONTACT THE CLUB SECRETARY DAN ON PH 0411 409 199 FOR FURTHER DETAILS. OR YOU CAN EMAIL US AT cranbrookgolfclubwa@gmail.com

Australian Fire Danger Rating System Moderate: Plan and prepare. High: Be ready to act. Extreme: Take action now to protect your life and property. Catastrophic: For your survival, leave bushfire risk areas.

When there is minimal risk, Fire Danger Ratings will be set to 'No Rating'.



For current bushfire information & fire danger ratings

emergency.wa.gov.au

Frankland River Solitary Style Plates



Frankland River Solitary Style plates are available at a cost of \$220.00.

They make a fabulous gift for birthdays, or the new car buyer.

If you are interested please complete an application form from the Frankland River Community Resource Centre and return to Teresa Lawson with payment.

Please call 9855 2310 for any enquiries.

Help us find you in an emergency



Calling triple zero (000) from within the St John First Responder app will send your GPS coordinates direct to the St John State Operation Centre, making it easier for an ambulance to locate you.

The app is free on iOS and Android. Download it today.

YOGA

Tuesday's & Thursday's 6.30pm – 7.30 pm.

Frankland Hall



Machinery sales, parts & service – workshop or mobile We sell:

Tractors

Hay & Feed Gear Horticulture equipment Spray Gear Lawnmowers Quad Bikes Side by Sides (UTV's) Spreaders & attachments

Brands include Massey Ferguson, Fendt, McHale, Marshall, Hydralada, Boomerang, KYMCO, CF Moto, Landboss, Cub Cadet, Hardi, Croplands & more!

11320 South Western Highway, Manjimup
Ph: 9777 2100 www.southernforestmachinery.com.au
Follow us on Facebook and Instagram

Frankland River General Store

Trading Hours

Monday to Friday 6.30am - 6.00pm

Saturday & Sunday 9.00am to 12noon

Public Holidays as advertised

Phone: 9855 2265





FRANKLAND RIVER



SHEARING SERVICES

0427 338 913 ANDREW McFARLANE

We are growing our business!
We have dedicated teams on board
So if you need help with your shearing.
Give me a call 0427 338 913

Pilates

Pilates with Alyssa are back on the following dates:

April 26th

May 3rd, 10th and 17th (all 7.30am in the hall)

Bookings are ESSENTIAL as all classes are subject to cancellation if minimum numbers are not met.

Can book via text / call 0478 105 765

https://www.facebook.com/FRiverCRC



We would like to take this opportunity to extend a grateful note of thanks to our annual advertisers who continue to support your local community paper with their paid advertising; some of these have been with us since inception of the local rag in early 1998.

This assists us with production costs and allows FREE fortnightly circulation to residents in our district. Thank you all.

IR & TM POPE

Shearing Contractors

4 and 5 stands Vacancies

Servicing Cranbrook Mt Barker & surrounding areas

Ring Ian Pope 0427 268 043



Recycling Dates

Every second Monday

1st May

15th May

29th May

12th June



AWARD WINNING WINES WITH A VIEW

Tastings welcomed by appointment.

Weekdays 10am - 4pm.

See our website for holiday opening times.

276 Ferngrove Road, Frankland River Phone: 9855 2378 www.ferngrove.com.au

ALKOOMI WINES

1141 Wingebellup Road, Frankland River, WA 6396

FINE WINES & OLIVE OIL

Visitors Welcome OPEN 7 Days - 10am to 4.30pm

Picnic Facilities, Chalets & Function Room Hire Available

Telephone: (08) 98 552 229 Fax: (08) 98 552 284

Email: info@alkoomiwines.com.au www.alkoomiwines.com.au



P O BOX 558 MT BARKER WA 6324 CONTRACT OR COST



FRANKLAND ESTATE

Visitors Welcome

Open weekdays 10.00 am to 4.00 pm

Weekends and Public Holidays by appointment Frankland Rocky Gully Road

Ph: 9855 1544

APRIL / MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		18 Yoga 6.30pm Storytime	19 Craft Club 1.30pm @ CRC	Nunijup Patchwork Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	21 Waste Station 7:30am - 11:30am	Op Shop 8.30 - 12.30
Waste Station 7.30am - 11.30am	24 Waste Station 1:00pm - 5pm	25 ANZAC Day ANZAC Service Frankland River 5.45am	Pilates 7.30am Playgroup & Toy Library Craft Club 1.30pm @ CRC Paint Club 6.30pm	27 Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	28 Waste Station 7:30am - 11:30am Article deadline	29 Op Shop 8.30 - 12.30
30 Waste Station 7:30am - 11:30am	Naturopath Recycling Waste Station 1:00pm - 5pm	2 Yoga 6.30pm Storytime	Pilates 7.30am Playgroup & Toy Library Craft Club 1.30pm @ CRC	A Nunijup Patchwork Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	5 Waste Station 7:30am - 11:30am Chiropractor 10.30am	6 Op Shop 8.30 - 12.30
7 Waste Station 7:30am - 11:30am	8 Waste Station 1:00pm - 5pm	9 Yoga 6.30pm Storytime	Pilates 7.30am DOCTOR Flu Clinic Playgroup & Toy Library Craft Club 1.30pm @ CRC	Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	12 Waste Station 7:30am - 11:30am Article deadline	13 Op Shop 8.30 - 12.30
14 Waste Station 7:30am - 11:30am	Recycling Waste Station 1:00pm - 5pm	16 Yoga 6.30pm Storytime	Pilates 7.30am Playgroup & Toy Library Craft Club 1.30pm @ CRC	Nunijup Patchwork Op Shop 10am - 1.30pm Waste Station 1:00pm - 5pm Yoga 6.30pm	19 Waste Station 7:30am - 11:30am Chiropractor 10.30am	20 Op Shop 8.30 - 12.30

Church Announcements Anglican

Cranbrook:

Ist, 2nd, 3rd & 4th Sunday 10.00 am at St Oswalds Church Contact - Jan Pope 0417 981 264

Tenterden:

On a 5th Sunday of the month 10:00 am at St Mildred's Church

Baptist

No services at Frankland River until further notice

Cranbrook Service 10.30am

Cranbrook Frankland River Baptist Church Services are also uploaded to YouTube https://www.youtube.com/channel/ UCV4nIqkuX_cJ7LwacAgAdAw

Contact Mark Jefferies 0428 517 103

Catholic

Parish Priest Father Ely Comanda Ph 0421 282 775

Contacts: Clarissa Devine 0497 545 334 Debbie Coole 0427 240 556

Mass Times - 3rd Sunday of the month at the Frankland Catholic Church at 3.00pm.

All new community members warmly welcomed.

EMERGENCY NUMBERS

AmbulancePrimary Nur Emergency A	000 000			
 Hospital Mt Hospital All Poisons Info	9892 1222 9892 2222 13 11 26			
Cranbrook ICrime Stopp	(08) 68013840 1800 333 000			
Ī	e: Frankland Town Frankland Chief BFCO	0427 552 321 0458 552 271 0407 261 005		
• DFES		1300 657 209		
Vet Mt BarkerVet Kojonup		9851 1177 9831 1666		
Southern AgcareHACC - Mt Barker		9842 2956 9851 2015		



TO THE RESIDENT

The Franklander

Frankland River Community Resource Centre 8 Wingebellup Road Frankland River 6396

Phone: 9855 2310

Email: franklander@franklandrivercrc.org.au